



Acorn Clinics: Pre-High School Camps

The Menlo College Oaks Baseball Program is proud to announce the Acorn Clinics: Pre-High School Hitting, Pitching and infield Camps. The Acorn Clinics will be directed by the Menlo College Coaching Staff and will accommodate players ages 15-18 all ages. Areas covered for the pitching camp will include pitching mechanics, off speed pitches, pick offs, PFPs, conditioning and the mental game. The Hitting Clinics will include hitting mechanics, mental approach to hitting as well as drills that campers can use later on their own. Infield camp will cover fundamentals for forehands, back hands, double plays and slow rollers. Clinics will be held on the Cartan Baseball Field, adjacent to the Menlo College Campus.

The Camps will be a great chance for athletes to improve their skills before upcoming high school seasons as well learn more about Menlo College and showcase their abilities for the Menlo Coaching Staff.

Equipment: Campers must provide their own glove, shoes and suitable baseball attire.

Registration: To assure quality instruction, there will be a limit to the number of campers in this session. If you would like to be assured a spot, please return your application at the earliest possible date. For further information contact Acorn Clinics Director, Jimmy Meuel at 650-543-3769 or jmeuel@menlo.edu. Please mail registration to Jimmy Meuel at Menlo College 1000 El Camino Real, Atherton, CA. 94027-4301. You may also register online at www.menlobaseballcamps.com

Date: January 9, 2010

Session 1: Pitching 10:00-12:30; Session 2: Hitting 1:00-3:30; Session 3: Infield 4:00-5:00

Price: \$75 for session one, \$75 for session two, \$40 for session three
To View Staff Bios please visit <http://athletics.menlo.edu/coaches.php?spcat=14>

Registration Form:

Make checks payable to: **Menlo College Baseball**

Name: _____ Age: _____

Session 1: _____ Session 2: _____ Session 3: _____ All Three Sessions: _____

Parents: _____ Email: _____

Contact Number: _____ Second Number: _____

Address: _____ City: _____ State: _____ Zip: _____