



# The Fighting Acorn

September 23, 2010

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### Registration Schedule

#### Friday, September 24<sup>th</sup>, 2010

7:40 am: Practice  
6:00 pm: Team Dinner

#### Saturday, September 25<sup>th</sup>, 2010

11:30 am: Team Lunch  
3:00 pm: Game vs. Holy Names

#### Sunday, September 26<sup>th</sup>, 2010

Off

#### Monday, September 27<sup>th</sup>, 2010

7:40 am: Practice

#### Tuesday, September 28<sup>th</sup>, 2010

4:00 pm: Game @ Mills

#### Wednesday, September 29<sup>th</sup>, 2010

7:40 am: Practice Speed and Agility

#### Thursday, September 30<sup>th</sup>, 2010

7:40 am: Practice

### Tournaments Attending

#### September:

25-26: Dublin Premier Fall Classic

#### October:

30-31: Davis Legacy Memorial Shootout

#### November

26-28: Surf Cup

26-28: Nomads

#### December

10-11: Davis Legacy College Showcase

## Preseason Comes to a Close



The Menlo College Oaks closed out their preseason contests on Tuesday with a disappointing 6-1 loss to Oregon Tech. While the score line will show a blowout the game was anything but one. The Oaks got off to a slow start against the OIT by allowing an early goal and giving up several good opportunities. Natalie Schader kept Menlo in the game by

making several key aerial saves. The Oaks fought back and remained in control of the game for the next 20 minutes until the Lady Owls put another opportunity away in the 22<sup>nd</sup> minute. The possession stayed in the midfield for the remainder of the first half, while both teams created several scoring opportunities.

The second half saw a different look with the Oaks controlling much of the possession. The Lady Owls of OIT capitalized on two 3 minutes spans where they were able to score 2 goals in each span. Two of the goals given up were from set pieces, but credit goes to the Lady Owls as they had some quality finishes during their 4 goals in the second half of play. The Oaks created several good scoring opportunities throughout the second half and finally cracked the back of the net in the 88<sup>th</sup> minute with a goal from Megan McKee off a great cross from Amanda Torres.

The Oaks close out their preseason campaign 0-4-1. While the win column is empty for the Oaks, the coaching staff is very optimistic. The Oaks have battled some of the best NCAA D2 teams in the area, which typically have had larger roster sizes than Menlo. Menlo also had several key injuries throughout the preseason which did not allow the full starting 11 to be on the field but for 20 minutes over the course of 5 games.

When coach Myers was asked about the preseason, he had this to say; "We knew at the start of our preseason it was a grueling schedule, but we would certainly improve our level from these types of pre-season games. I am very proud of our ladies as they stuck with it throughout every game. Their spirits are high and we shall open our Cal Pac competition knowing we had the hardest preseason schedule in our conference. No doubt we played a couple teams that will find themselves in the national tournament for their respective divisions".

The Oaks will open their conference play on Saturday against Holy Names, which represented the Cal Pac last season in the NAIA National Tournament. The game is slated for 3 pm at Wunderlich field on the Menlo College Campus.

## Season Schedule

Date	Opponent	Site	Time
18-Aug	Solano	A	TBD
28-Aug	NDNU	A	1:00 PM
1-Sep	CSUMB	A	2:00 PM
8-Sep	Acad.Art	H	2:00 PM
12-Sep	CSU Sac	A	12:00 PM
15-Sep	Fresno Pac	A	6:00 PM
21-Sep	OIT	H	3:00 PM
25-Sep	Holy Names	H	3:00 PM
28-Sep	Mills	A	4:00 PM
2-Oct	Bethany	H	11:00 AM
3-Oct	Chapman	H	12:00 PM
10-Oct	Dominican	A	3:30 PM
12-Oct	William Jess	H	1:00 PM
16-Oct	Simpson	A	1:00 PM
20-Oct	Holy Names	A	1:00 PM
23-Oct	Mills	H	11:00 AM
26-Oct	Bethany	A	11:00 AM
6-Nov	William Jess	A	11:00 AM
9-Nov	Simpson	H	3:00 PM

## Conference Standings

School	Cal Pac	Overall	Pts.
William Jess	0-0	2-3-1	0
Holy Names	0-0	1-2-2	0
Simpson	0-0	1-4-1	0
Bethany	0-0	0-2-1	0
Menlo	0-0	0-4-1	0
Mills	0-0	0-4	0

## Contact Us

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## Homecoming and Opening House

On October 2<sup>nd</sup>, Menlo College will host its annual Homecoming Celebration on Campus. Loads of events will be happening that day with 4 sports teams participating in events throughout the day. The women's soccer team will begin the day of competition at 11:00 am as they host Bethany University. Football will take on NCAA D3 power Whitworth at noon. Men's Soccer will continue the action against Bethany with a 1:00 pm kick off time. Baseball will wrap things up with an alumni event following the football game. It should be a great day of events for everyone within Oaks Athletics. Once all the athletic competitions are finished on the day, the school will be hosting its annual Homecoming Dance. This is a great event in which individuals from several cultures will get the opportunity to mingle and enjoy some live music.

With all the athletic competitions taking place on campus that day, Menlo Admissions has also offered their time that day to have an open house. The open house will begin at 9:00 am with tours by current Menlo students. This will give visiting recruits the opportunity to see the campus prior to all sporting events. A BBQ will take place prior to the football game for all in attendance in the event. If you are interested in taking part in the event please contact the coaching staff as well as the Menlo Admissions by calling their number (650.543.3940). Space is limited to please hurry.

## ID Camp

On November 7<sup>th</sup>, the Menlo Women's Soccer team will host its annual College ID Camp. The camp is a fundraiser for the program, but more importantly it gives high school athletes an opportunity to come to Menlo College and be trained by the coaching staff. The participants will receive a long sleeve T-shirt, and Under Armor bag, and lunch as well as a guided tour of the campus.

The goal of the sessions will be to introduce the participants to a high level of training while also giving them some knowledge on how to prevent key injuries. All aspects of the game will be coached throughout the day. Spaces are limited so make sure you check out the Menlo Athletics website and send in your information as soon as you can to ensure you have a spot on the field during the weekend.

## Oak of the Week



Natalie is a Junior from Burlingame, California. Nat finds herself as the only goalkeeper on the Menlo roster this fall. She spent the previous two seasons at Menlo as a back up to more senior keepers, but you would not know that by her performance this season. She has been brilliant in the goal this fall so far for the Oaks. She has 48 saves so far on the season, which include a great PK save at Fresno Pacific. She has worked very hard this season and will no doubt continue to impress coaches throughout the conference.

